

# A day on the trail.

One outing. A few details. Something worth remembering.

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PLACE / TRAIL

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DATE (AS PRECISE AS YOU REMEMBER)

ACTIVITY / WHO CAME ALONG

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DISTANCE + UNIT

TIME + MOVING / ELAPSED

ELEVATION GAIN + UNIT

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*Numbers are optional. Leave unknown details blank.*

## The day as it felt

Weather, trail conditions, the pace you settled into.

## One moment to keep

A view, a conversation, a small thing you nearly forgot.

## A photograph or a little sketch

Add a photo reference, draw the view, or leave a few words.

## For next time

What would you repeat, change, or bring?